International travel checklist

Print it, tick it off. Entry rules change: check your destination on its official government site.
From amicly-travel.com/blog/international-travel-checklist/ · November 2026
Trip: _____ Departure date: _____ Return: _____

2 months or more before

- [ ] Passport: check the issue date and expiry date against your destination's rules
- [ ] Visa or travel authorisation: check what you need on the official government site
- [ ] Health: check vaccinations and health advice at least 8 weeks before
- [ ] Travel insurance: buy it when you book; declare any medical conditions
- [ ] Driving abroad? Check whether you need an International Driving Permit

1 month before

- [ ] Apply for any travel authorisation (ETA, ESTA) if you haven't yet
- [ ] Book anything with timed entry or limited places
- [ ] Check opening days and hours for your key stops on your dates
- [ ] Plan day 1: landing time, transfer, where you leave your bags
- [ ] Money: two ways to pay, and a backup if you lose your phone
- [ ] Phone: roaming plan or eSIM, and the apps the country needs

1 week before

- [ ] Reconfirm bookings and their times
- [ ] Check the weather and swap in rainy-day options
- [ ] Download offline maps and translation packs
- [ ] Save a backup of passport, bookings and insurance; share it with someone at home
- [ ] Print your insurance documents; pack an extra photo ID
- [ ] Read the latest travel advice for your destination

The day before

- [ ] Check in online and check your airline's bag-drop deadline
- [ ] Work out when to leave so you reach the airport about 3 hours before an international flight
- [ ] Charge phone and power bank; pack chargers and a plug adapter
- [ ] Passport, cards, some local cash or a card that works abroad in your day bag

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The day you land

- [ ] Allow about an hour from landing to leaving the airport
- [ ] Go to the hotel first and leave your bags
- [ ] Plan the hours before check-in near the hotel